

KURT LEWIN'S THEORY	MAX SCHIEN'S EMBELLISHED VERSION
UNFREEZING	UNLEARNING Disconfirmation Induction of Guilt or Survival Anxiety Psychological Safety Cognitive Redefinition Imitation and Positive or Defensive Identification with a Role Model Scanning: Insight or Trial and Error Learning
MOVING	MOVING Imitation and Positive or Defensive Identification with a Role Model Scanning: Insight or Trial and Error Learning
REFREEZING	RELEARNING Personal and Relational Refreezing