APPROVED COURSE

This completely online, self-paced course is approved by the State of California Board of Registered Nursing for full CE credit; CE Provider No. CEP 14891. Most State & Country licencing Boards accept CE credit approved by other State Boards. It can be used for up to 50% of ANCC accreditation CE requirements

This course is personalized, self-paced and taken entirely online in the privacy of your own home or office.

CERTIFICATE

Upon completion, learners will receive a Board Approved Certificate of Completion for 15 CE credits in PDF format.

Nursing Informatics Learning Center

Primary Business Address
730 Barnham Road
West Vancouver, BC
V7S 1T5

Phone: 604-921-1001
https://nursing-informatics.com
E-mail: june@nursing-informatics.com

NRPR 103: mHealth for Continuity of Care

🏷 Credits: 15 CE hours

📅 Length: 5 modules

🧾 Tuition: $ 99 USD

Nursing Informatics
Learning Center

Empowering Nurses for the 21st Century

OVERVIEW

This 5 module (15 CE credit) course introduces the learner to the evolving phenomena of mobile health (mHealth) in the context of continuity of care, prevention, and health promotion.

The course is assessed using practical applications of principles and theory and an exploration of various mobile applications (apps) for lifestyle monitoring, access to information and teaching, support, and clinical communication .

OBJECTIVES - Learners will:

- Examine key principles of mHealth and the benefits for community of care.

- Analyze theory and research related to mHealth in the context of lifestyle wellness, chronic health challenges, client education and clinical applications.

- Discuss how nurses can support mHealth use to strengthen nurse-client partnerships.

- Apply principles of mHealth and technology use to improve own practice.

- Analyze how mHealth fits into nursing informatics theory and practice.

More Details

All courses are done completely online in our learning management system, including all materials, activities, assessments, assignments and interactions. You will receive electronic copies of all course materials. When done your course, you will receive a digital certificate of completion.

ASSESSMENT

Learners are assessed for their work on a variety of content-driven assignments including:

* Forums
* Worksheets
* Quizzes

* Mobile App Evaluation
* Database Entries
* Mobile App Care Planning

Throughout the course, nurses are encouraged to explore and assess various mobile apps for value and utility in promoting continuity of care.

NRPR 103 MODULES

Module 1:
Introduction to mHealth

Module 2
mHealth and Lifestyle Wellness

Module 3:
mHealth and Patient/Client Education

Module 4:
mHealth and Chronic Health Challenges

Module 5:
Clinical Mobile Health Monitoring

Almost every report and market analysis supports the finding that mHealth is becoming a force to be reckoned with. This wave is unique from other types of health information technology, since the impetus is largely consumer driven

A key factor in the swift evolution of mHealth is the astounding availability of devices – people all around the globe have access to some sort of mobile device. In fact, in some countries, mobile devices are more readily available (and used) than any other technology, including computers. Since so many people already have mobile devices and know how to use them for day to day activities, the demand for and ability to easily use mHealth apps on these devices

are growing exponentially. Wearable digital sensors attached to these mobile devices open up even more ways to monitor real time personal health indicators effortlessly. As well, people can enter personal data manually into many mHealth apps to keep track of their food intake, habits, workout repetitions, hours of sleep, and so on. These readily available devices and apps open up a never before known ability to access day to day health and wellness related data and information. With more research, we can ensure that mHealth strategies are applied using evidenced-informed app design and monitoring. Nurses can be key players in this research and in supporting clients to use mobile devices in the safest and most integrated ways.

ENROLL NOW IN NRPR 103 at:

http://nursing-informatics.com/store/